

Name: Colton Merrill, ATC, CPT		Grading Quarter: 2	Week 19 Beginning: December 9, 2024
School Year: 2024-2025		Subject: Sports Medicine and Rehabilitation Year 1	
Monday	Notes:	<p>Objective: Assessment over unit 4 Evaluation and Assessment and Unit 5 Injury Prevention</p> <p>Lesson Overview:</p> <p>Assessment Test and practicum</p>	<p>Academic Standards:</p> <p>5</p> <p>6</p> <p>7</p> <p>8</p> <p>10</p>
Tuesday	Notes:	<p>Objective: Define terms Identify secondary injuries in sports Identify proper body mechanics in transporting injured individuals List steps in transporting injured individuals and different types. Demonstrate the proper steps in transporting an injured individual using proper body mechanics.</p> <p>Lesson Overview:</p> <p>Unit 6 Lesson 1 Extrication part 1 Unit 6 Lesson 2 Extrication part 2 Crutches lab</p>	<p>Academic Standards:</p> <p>5.9</p> <p>5.8</p>
Wednesday	Notes:	<p>Objectives: List steps in transporting injured individuals and different types. Demonstrate the proper steps in transporting an injured individual using proper body mechanics.</p> <p>Lesson Overview:</p> <p>Unit 6 Lesson 2 Extrication part 2 Crutches lab</p>	<p>Academic Standards:</p> <p>5.9</p> <p>5.8</p>

Thursday	Notes:	<p>Objective:  Student will be able to:  Define terms.  Identify proper body mechanics in transporting injured individuals using stretches.  List steps in transporting injured individuals using different types of stretchers.  Demonstrate the proper steps in transporting an injured individual using proper body mechanics</p> <p>Lesson Overview:</p> <p>Unit 6 Lesson 1 Extrication part 3</p> <p>Spine boarding lab</p> <p>Study Guide</p>	<p>Academic Standards:  5.9  5.8</p>
Friday	Notes:	<p>Objective:  Assessment over Unit 3 First Aid and CPR and Unit 6 Extrication</p> <p>Lesson Overview:</p> <p>Study for Quiz  Take quiz, closed note</p>	<p>Academic Standards:  5.0</p>